

## **ID 189: Teaching Parents to Parent Teens**

### **Facilitator**

Chayne Boutillette ([chayne@slvmhc.org](mailto:chayne@slvmhc.org))

Division of Extended Studies

Adams State College

Alamosa, CO 81101

**Course Credit:** 1.0 semester hour

**Texts\*:** *Love and Logic Starter Package* includes:

Cline, F. & Fay, J. (1990). *Parenting Teens With Love and Logic: Preparing Adolescents for Responsible Adulthood*, Pinon Press, CO. 227 p

Two audio cassettes

One-year subscription to *Love and Logic Journal*

Cline, F. & Fay, J. (1991). *Becoming a Love and Logic Parent: Parents Handbook*. Love and Logic Press, 66p. (\$12 materials fee with tuition)

\*Please order the starter package from the ASC Bookstore (719) 587-7911. The Handbook is included with your study guide from the Division of Extended Studies.

### **Course Objectives**

- Students will be able to describe the Love and Logic process for developing responsible children.
- Students will be able to recognize and apply the Love and Logic Formula for parenting.
- Students will be able to identify the ownership of childhood problems.
- Students will develop techniques for guiding children to own and solve their own problems.
- Students will develop techniques that set firm, reasonable limits for children
- Students will understand the role of compassion and empathy in problem ownership and learning through logical consequences.