### Session I: King the Radical
**Professor:** Dr. Edward Crowther, Chair of History, Government, and Philosophy  
**Description:** Events like the King holiday and endless renditions of his "I Have A Dream" speech have softened King's message into feel-good irrelevance. King's ministerial vision made him a harsh critic of racism and economic inequality at home and U. S. imperialism abroad. Learn what King stood for and why he arrived at these positions.  
**Location:** MCD 101

*You might enjoy this session if you're interested in: History, Government, Philosophy, and Sociology*

### Session II: How to Deal with Difficult People
**Professor:** Professor Liz Thomas, Assistant Professor of Management  
**Description:** Can you remember the last time you had to deal with a negative or difficult person? Or the last time someone said something with the intention of hurting you? How did you react? What was the outcome? What can you do in the future to get through these situations? When dealing with difficult people, our immediate urge is to jump to our own defense. Today, there are smarter moves to make when dealing with difficult people.  
**Location:** BUS 142

*You might enjoy this session if you're interested in: Business, History, and Sociology*

### Session III: Tour of Human Performance
**Professor:** Michael Waller, Assistant Professor, Human Performance and Physical Education  
**Description:** The development of the human body occurs over a life-span with a multitude of factors that influence short and long-term adaptations. Explanation of sports pedagogy, exercise physiology, biomechanics and strength & conditioning profession to gain knowledge on the contributions each has with the other. What is the difference between a personal trainer and athletic trainer, strength coach and a sports coach, and the difference between a physical educator and a sport scientist?  
**Location:** ASU East Campus

*You might enjoy this session if you're interested in: Physical Therapy, Physical Education, Coaching, Special Education, and Sport Management*

### Session IV: "Can You Judge a Book by its Cover?"
**Professor:** Dr. David MacWilliams, Professor  
**Description:** Are we influenced by the appearance of a speaker? Does the speaker’s choice of words reveal something about her true character? Do we prejudge a message before it’s even spoken? In this session we’re going to examine tough questions like these. See what it's like to be in an English class and find out more about being an English major or minor at Adams State.  
**Location:** MCD 216

*You might enjoy this session if you're interested in: English, Mass Communication, and Journalism*
Session V: The Chemistry of Peppers
Professor: Aaron Moehlig, Professor of Chemistry. Computer Science and Mathematics
Description: Spicy peppers have been a part of the diet of the people of North, Central, and South American for almost 10,000 years, but most people do not know what causes the, sometimes, intense heat one experiences upon eating a pepper. Highlights of the power-point presentation will include the structure and biologic activity of capsaicinoids (the molecules responsible for the heat of a pepper), current analytical techniques used to isolate and identify capsaicinoids, as well as how this information relates to how we cook with these peppers. Homemade salsas and guacamole will be provided to illustrate the difference between types of peppers and the capsaicinoids they contain.
Location: POR 128
You might enjoy this session if you’re interested in: Forensics, Chemistry, Biology, or Criminology

Session VI: The Nursing Experience
Professor: Dr. Shawn Elliott and Allison Bennett, Simulation lab Coordinator
Description: Sickle cell anemia is a disease passed down through families in which red blood cells form an abnormal sickle or crescent shape. Red blood cells carry oxygen to the body and are normally shaped like a disc. A short Power Point presentation will highlight the condition. This condition affects primarily African – Americans, come and find out the relationship to Malaria and why it evolved genetically as protection against Malaria.
Location: Simulation Lab
You might enjoy this session if you’re interested in: Nursing, Pre-medicine, Biology, and Chemistry

Session VII: "Memory: Why do We Remember Some Information and Forget Other Information?"
Professor: Dr. Nate Pipitone, Assistant Professor
Description: Is memory like a storage chest in the brain into which we deposit material and from which we can withdraw it later if needed? Or does only certain information make it into the storage chest? Learn the basics of cognitive psychology and test the limits of human memory in this interactive psychology mini-lesson. See what it's like to be in an Introduction to Psychology course and find out more about being a psychology major or minor at Adams State.
Location: MCD 314
You might enjoy this session if you’re interested in: Psychology

Session VIII: Teaching: A Thrilling Career
Professor: Kristy Myers, Assistant Professor of Education
Description: "Don't follow your dreams; chase them." - Richard Dumb
This interactive session is a roller coaster ride with daring drops and corkscrew turns symbolizing the amazing art of teaching. In order to be an effective teacher in the 21st Century, we must be able to work with diverse groups of students, employ a wide range of teaching strategies, collaborate with others, and solve problems on a daily basis.
Location: MCD 215
You might enjoy this session if you’re interested in: Teacher Education, Secondary Education, and Special Education