Thank you for choosing ASAP for your team and group needs. We look forward to working with you to create a meaningful experience for your group. Please complete the checklist to prepare your group for this exciting team-building experience.

Today:

☐ Confirm your date by mailing non-refundable deposit (50% of total amount). Please refer to the emailed invoice.

☐ Have each group member complete a Special Programs Waiver:

☐ Review our Cancellation, Inclement Weather and Late Arrival Policies on the invoice.

Before The Experience:

☐ Complete the Planning Questionnaire and submit it to us as soon as possible. A minimum of ten days prior to the event is preferred.

☐ Review the Participant Information sheet with your group.

The Day of the Event:

☐ Check that each participant has submitted a Special Programs Waiver.

☐ Bring the remaining portion of the payment.

After the Experience:

☐ Please complete the ASAP Challenge Course Evaluation Form.
The ASAP Odyssey Challenge Course and Team Development Course are useful and beneficial resources for schools, community groups, families, college clubs and organizations, sports teams, and corporate businesses. Our training facility and skilled instructors provide an exciting and unique opportunity for groups to explore team and relationship building concepts. By completing a graduated series of activities in a supportive environment, group members are engaged in physical, cognitive, and social interactions that are appropriate for the team regardless of skill level.

Participation in all activities is based on the philosophy of “Challenge by Choice”. Participants are greatly encouraged to stretch beyond their perceived limitations that will inspire and initiate a change in themselves and the team. Highly trained facilitators design a safe, enjoyable, and enriching program that targets the personal and professional goals specified by each group. These activities are metaphors for situations that happen in daily circumstances.

Participating on the Team Development Course requires group members to go over, under, around, and through a series of elements constructed from rope, wood, or cable, and are positioned from ground level to 10 feet high.

The Odyssey High Ropes Course is designed to challenge your group as individuals and as a team to transverse a series of cables and ropes that are 30 feet above the ground. Each member will be provided a climbing harness and helmet, and then clipped into a dynamic rope belay system for safety.

Program Information for Participants

Program activities include:

Orientation & Goal Setting
Safety and program guidelines are outlined. Participants share ownership by identifying personal and group goals.

Warm-ups & Cooperative Games
These activities provide an opportunity for group members to interact and establish an atmosphere of support and cooperation.

“Five Finger” Contract
Group members create their own “rules of play” for their experience.

Problem Solving/Solution Forming Initiatives
An initiative is a clearly defined task that requires group cooperation and some physical effort to affect a solution. All of the activities engage the participant in the decision-making and teamwork process through communicating ideas, planning and implementation. During the process participants have fun, develop a sense of camaraderie, and experience the effect of working together.

Trust and support
These are essential for the group to achieve success as they participate in higher-level challenge activities. This series of activities provides an opportunity for the group members to trust their physical and emotional safety with others.

Processing and Connecting
Most activities include some processing time for the group to reflect on the experience. Participants compare the activity with similar situations in their school, family, work or community setting. They explore patterns of interaction in relation to personal and professional effectiveness. Participants also consider ways to modify and enhance their behavior in relation to future actions.
Group Goals
The Challenge Course is designed to enhance emotional, physical and social aspects of participants through cooperative activities, initiatives and challenges.

General goals include:

- Enhance communication and interaction.
- Explore the decision-making, problem-solving/solution forming, and team building skills.
- Create new bonds and increase the camaraderie among team members through involvement in a shared experience.
- Provide the opportunity for groups to identify and use the strengths and assets of each team member.
- Provide an experience that assists in increasing motivation, personal initiative, and self-confidence toward better leadership and team relations.

Group Preparation
Your facilitator will contact the group leader prior to the scheduled date to discuss the following:

- Group goals and objectives for the experience.
- Your Group’s goals and objectives, diversity, strengths and vision.
- Emotional, physical or spiritual considerations that may affect your group’s safety or participation.

For the group’s safety and comfort, we suggest the following:

- Participants should not wear jewelry.
- Dress for comfort and weather changes. Wear sturdy, closed-toed shoes and clothes that can get dirty.
- In the summer, wear light colored clothing, sunglasses and a hat. Bring along sunscreen and bug spray.
- In the fall, winter and early spring wear layers of clothing, hats and gloves.
- Bring water and a snack.

*Each participant must complete the Special Programs Waiver in order to participate in the Challenge Course events and activities. The parent or guardian must sign forms for individuals under the age of 18. Participation will be denied if a waiver is not submitted.
Directions to Adventure Program Challenge Course in Alamosa, CO

From the East:
You will enter Alamosa via Hwy 160, which becomes Main Street and also 5th Street.

From the West:
You will enter Alamosa via Hwy 160, which becomes Main Street and also 5th Street.

From the North:
You will enter Alamosa via Hwy 17. Once intersecting with Hwy 160, take a right and you are on 5th Street.

From the South:
You will enter Alamosa via Hwy 285. At the light take a left onto 5th Street and then the next right onto Richardson Ave.

Once in Alamosa:
Continue along 5th street until you reach Richardson Ave, one block beyond the Safeway, go North. Follow Richardson Ave. until it T's with 1st Street. Take a left on 1st and then right on Stadium Dr. the street after the crosswalk with the stoplight. Once on Stadium, the Challenge Course is on your right after the practice football field, and the last ASC building on the left. Parking is available in a dirt parking lot in front of the Challenge Course, but please do not block the gate.