This information sheet is intended to provide basic information and rules for this activity.

ELIGIBILITY
Adams State University students, faculty/staff, and faculty/staff spouses are eligible to participate.

DAYS, TIMES, AND LOCATION
Games will be played Tuesday and Thursday 6:00 PM to 9:00 PM. Games will be played in the Rex Activity Center Gym.

To participate in a team sport, each player must be added to his/her online team roster before game time. Team rosters are limited to seven players. Each participant may play for only one Men/Women and one Coed volleyball team.

CHECK-IN
Teams are encouraged to arrive ten minutes before game time. FORFEIT TIME IS GAME TIME! A forfeit is given to teams with less than three legal players at game time. Teams receiving their second forfeit may be dropped from regular season and elimination tournament play. A $30 forfeit bond will be charged to each team that wishes to continue play after their first forfeit.

OFFICIALS
The Office of Intramural Activities will provide all officials. Officials and supervisors assigned to your match have the authority to make decisions on any point not specifically covered by rules of the game or by intramural policies.

LIABILITY
All participants play at their own risk and must acquire their own insurance.

TOURNAMENT INFORMATION
There will be a single elimination tournament following regular season play. Teams will be ranked according to win percentage. If more than one team has the same win percentage, head to head match ups will be considered to break the tie. Teams will be seeded in the tournament accordingly.
RULES
Intramural volleyball abides by the 2013-2014 National Federation of High School Association Rules with the following exceptions or points of emphasis:

1. **Team Composition:** Teams may consist of three (minimum) to four (maximum) players on the court. In our coed league, no more than two males may play at a time and only one male may be on the front row at a time. Team rosters are limited to seven participants.

2. **Game Duration:** Matches will consist of the best two (2) out of three (3) games. The first two games will be played to twenty-one points (rally scoring), cap at 23. The winning team must win by two (2) points. The third game will be played to 15 points, win by two with a cap at 17.

3. **Substitutions:** Free substitutions may be made but only at the service position.

4. **Timeouts:** A team may have one time-out per game. Unused time-outs cannot be carried over to another game.

5. **Ball in Play:** A) Balls that hit the walls, ceiling, or basketball backboards/hoops are out of play.

6. **Service:** One step into the court is permissible.

7. **Blocking:** In the rotation, when only one male player is in the front row, one male player from the back row may help block at the net. Both male back row players can alternate blocking.

Blocking the serve is not permitted.

8. **Contact:** In our coed league, during play, unless there is only one hit, a girl must make contact with the ball before it returns to the opponent’s side.

*If you have any questions contact the Intramural Office in Rex Activity Center (719) 587-7567 or access our web page at: [http://www.imleagues.com/schools/adams](http://www.imleagues.com/schools/adams)*